

Registration

Online: Easy online registration at
www.mcleanschool.org/parents/resources/2414/

Call: Phone in your registration to:
Rosanne Urick at 240.395.0692

Mail: If you wish to mail in your registration with a check, please complete the form below, and return to:

Cecily's Advocacy Workshop
McLean School of Maryland
8224 Lochinver Lane
Potomac, Maryland 20854

Name

Address

City State Zip

Phone #

Email

Space is limited, so register early.

Questions? Email CecilysDay@McleanSchool.org

Fee

Includes workshop and boxed lunch.

*Complimentary for current and prospective
McLean School parents.*

Community Guests: \$25. A check payable to
McLean School of Maryland should accompany
this registration and be mailed to the address above.



Photo by Leslie Barron Lane

Cecily's Advocacy Workshop

This workshop was created in memory of Cecily Kodis Kaufman, a devoted McLean School parent, loving advocate and mother. Cecily was an inspirational member of the McLean School family. For several years, she was a dedicated member of the Parents Association Executive Board as the Lower School Representative and she chaired the annual McLean School Book Fair. Cecily left her mark on the hearts of all who knew her by her selfless giving spirit. With this dedication, we honor Cecily and her family – husband Joel and children Ben and Rachel – and her commitment to McLean.



WORKSHOP LOCATION

McLean School of Maryland
8224 Lochinver Lane • Potomac, Maryland 20854
www.mcleanschool.org

Learning Differences: What Works?

Third Annual Cecily's Advocacy Workshop

PRESENTED BY

Parents Association
McLean School of Maryland

SATURDAY, FEBRUARY 11, 2012
8:30 am – 1:30 pm



McLean School of Maryland
8224 Lochinver Lane • Potomac, Maryland 20854
www.mcleanschool.org

Cecily's Advocacy Workshop – Learning Differences: What Works?

Program

8:30 am Registration

9:00 am Keynote Address: Amazing Shortcomings, Amazing Gifts — Thomas G. West

Dyslexia and certain other learning differences are slowly coming to be seen as a significant advantage in an increasing number of fields – often linked to success in design innovation, entrepreneurial business, and scientific discovery.

10:10 am — 11:10 am

Choose One Workshop — Session 1

- **Homework Helper 101: Getting Your ADHD Child to Complete Homework Without Tears, Tantrums or Time-outs** — Dr. Ruth Spodak and Dr. Ken Stefano

Homework time can be a stressful time for many families, but it can be especially difficult for families with an ADHD child. Trying to balance household, school, and social activities within the limited evening hours often seems impossible. This presentation will discuss why homework can be so stressful for children with ADHD and will provide practical strategies, resources, and technological tools that parents (and children) can use to complete homework in less time and with less stress.

- **Recognizing and Addressing Anxiety in Children and Adolescents** — Dr. Stacie Isenberg and Dr. Julie Lewis

These presenters from the Ross Center for Anxiety & Related Disorders will address children's anxiety, its root signs and symptoms. The presenters will also provide a number of techniques and strategies to help address your child's anxiety while reducing your own.

- **Dyslexic Talents: Engines of Discovery** — Thomas G. West

It is often observed that dyslexics see what others do not see or cannot see. This observation can lead to many problems in trying to explain a new idea or observation to those who have been successful in conventional disciplines. Yet many major discoveries in a range of fields can be seen to rely on the original observations and innovations of dyslexic individuals. Dyslexic contributions can be especially important in over-specialized fields where no one integrates information from various sources and thus often there is no one to see the big picture and its broad implications.

- **Maximizing Your Adopted Child's Self Esteem**

— Janice Goldwater, LCSW-C

One of the central tasks of childhood is to define and come to value one's "self." Gaining self-esteem is a developmental process that begins in infancy and is shaped by the quality of the relationship with a primary caretaker. As a child's basic needs are met, his/her sense of being worthwhile develops. This workshop will explore the origins of self esteem, examine how adoption impacts identity, and offer strategies that parents can utilize to understand and maximize their child's self esteem.

- **College Considerations for LD/ADHD Students**

— Hannah Serota

In this session, we will explore and discuss the various issues facing students with learning disabilities and ADHD as they transition to college. Topics will include the college search for students with LD and ADHD, the differences between high school and colleges, essential skills for college success, the various levels of support in college, and documentation necessary for accommodations on the SAT/ACT and on the college campus.

- **Game Change: Move from "Enabling" to "Empowering" Your Children to Overcome Obstacles, Discover Their Strengths, and Accomplish Their Goals**

— Carol Muleta and Sheila Gardner

We all want to see our children reach their full potential. They need our help, but sometimes we do not know when to step aside and let them take over. Parents of children with learning differences find it particularly difficult to move to the sideline. Carol Muleta and Sheila Gardner will talk about how parents can set their children on a course of self-discovery that encourages them to rise above their challenges and empowers them to pursue their goals with confidence and anticipation of success.

11:15 am — 12:15 pm

Choose One Workshop — Session 2

- **Homework Helper 101: Getting Your ADHD Teenager to Complete Homework Without Tearing Your Hair Out**

— Dr. Ruth Spodak and Dr. Ken Stefano

Homework time can be a stressful time for many families, but it can be especially difficult for families with an ADHD teen. Trying to balance household, school, and social activities within the limited evening hours often seems impossible.

This presentation will discuss why homework can be so stressful for teenagers with ADHD, and will provide practical strategies, resources, and technological tools that parents (and teens) can use to complete homework in less time and with less stress.

- **Recognizing and Addressing Anxiety in Children and Adolescents** — Dr. Stacie Isenberg and Dr. Julie Lewis

These presenters from the Ross Center for Anxiety & Related Disorders will address children's anxiety, its root signs and symptoms. The presenters will also provide a number of helpful techniques and strategies to help address your child's anxiety while reducing your own.

- **Is it Adoption, Kid Stuff, or Something Else?**

— Janice Goldwater, LCSW-C

Some adoptive parents wonder why their children act and feel the way they do and question if it is adoption related. This workshop will explore normative patterns of childhood development and how they can be impacted by adoption. In this session we will give parents the tools to assess and better understand their child's needs and examine some of the "typical" challenges adopted kids confront as they mature.

- **Where Dyslexics Thrive – Pixar, SIGGRAPH, Weta Workshop** — Thomas G. West

At Pixar (Toy Story, WALL-E, Up) in Emeryville, California and Weta Workshop (the three Lord of the Rings films) in Wellington, New Zealand, and the international computer graphics society (SIGGRAPH), there are many visual-thinking dyslexics working in their areas of great strength, earning high incomes (although many may still have difficulties with basic word-based academic skills). Visual approaches and graphical computer technologies are now rapidly spreading into all sectors of the economy. Those who were at the bottom of the class in the old text-based system are already, in many cases, at the top of the class in the new graphics-based system—although this is still understood by very few.

12:20 pm — 1:30 pm

Lunch and Exhibits

Program subject to change without notice.